Home, Healing, Hope

2024-2025 **ANNUAL REPORT**

SOJOURNER HOUSE

SOJOURNER HOUSE **MOMS**

Our Mission

Sojourner House and Sojourner House MOMS provide compassionate, family-centered recovery and housing services to mothers and their children. Through trauma-informed care, peer support, and community partnership, we help families heal from substance use disorder and rebuild stable, hopeful futures together.

Our Vision

We envision a community where every parent in recovery has access to safe housing, supportive services, and the opportunity to thrive with their children. In the future, cycles of trauma, addiction, and instability are broken, and generational healing begins.

Our Model

Recovery with the Whole Family in Mind

At Sojourner House and Sojourner House MOMS, we believe that healing happens in relationships with trusted caregivers, with peers, and within a supportive community. Our holistic continuum of care meets families where they are and walks alongside them every step of the way.

We offer:

- **Residential Treatment** for mothers in early recovery
- **Transitional and Permanent Supportive Housing** through Sojourner House MOMS
- **Aftercare Case Management** to support long-term stability
- **Peer-led Opioid Outreach** in BIPOC communities
- **Trauma-Informed Parenting and Child Development Services** to support the recovery of the whole family

Our approach integrates evidence-informed practices, the PACEs (Protective and Compensatory Experiences) framework, and the lived experiences of staff and alumni. We honor each family's resilience and build on their strengths — because now more than ever, families deserve healing that lasts.

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Letter from the Executive Director

Dear Friends,

Every day, mothers walk through our doors at Sojourner House and Sojourner House MOMS. They arrive determined to change the trajectory of their lives — and their children's lives — for the better. They come with hope, courage, and a deep desire for healing. And through our services, we offer stability, connection, and compassion.

This past year, we were reminded, now more than ever, why our services matter.

Families in recovery continue to face immense challenges. The ongoing overdose crisis (especially among Black men), the rising cost of housing, and the threats to critical supports like Medicaid and SNAP disproportionately affect the women and children we serve. However, thanks to your support, we've been able to meet these challenges head-on.

In FY24–25, we expanded our services. We began to provide more than just a path to recovery. Our Aftercare Program supports families beyond graduation from our primary program. We began converting several housing units to accept Section 8 vouchers, paving the way for participants to find long-term affordable housing. And through community outreach, we reached hundreds of individuals in neighborhoods most impacted by overdose.

Numbers alone can't tell the whole story of this past year. The real impact lies in the small, powerful moments: a mother regaining custody of her child. A toddler learning how to express his feelings in words instead of tears. An alumnus returning to speak to current residents about life after recovery. These moments are the heartbeat of our mission.

This report shares some of those stories, celebrates our accomplishments, and offers a glimpse of what's ahead. As we look to the future, we remain committed to breaking cycles of trauma and addiction, one family at a time.

Thank you for standing with us, believing in second chances, and helping to build a community where healing is possible.

With gratitude,

De'netta Benjamin-Miller, LCSW
Executive Director, Sojourner House

By the Numbers

FY24-25 IMPACT

Sojourner House

TOTAL ADULTS SERVED **55**

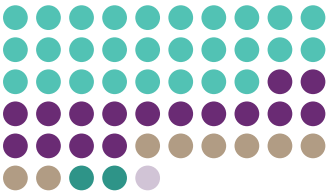
102 Days AVERAGE LENGTH OF STAY

NUMBER OF CHILDREN **62**

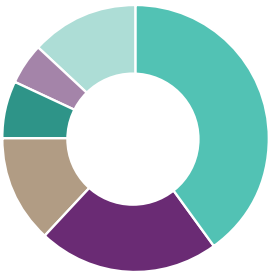
Note: *The number of children is based on the number at intake and may not reflect those in the process of reunification. Additionally, forty percent of women were pregnant at intake.*

Racial Breakdown

- White: **51% (28)**
- Black or African American: **29% (16)**
- Multiracial: **15% (8)**
- American Indian or Native Alaskan: **3% (2)**
- Other: **2% (1)**



Substances of Choice



- Cocaine: **40% (22)**
- Heroin: **22% (12)**
- Opiates: **13% (7)**
- Methamphetamine: **7% (4)**
- Alcohol: **5% (3)**
- Other: **13% (7)**

60% Sixty percent of women reported having more than one substance of choice

Sojourner House MOMS

Transitional Housing

18 TOTAL WOMEN SERVED

21 TOTAL CHILDREN SERVED

31 AVERAGE AGE OF WOMEN SERVED

100 Days AVERAGE LENGTH OF STAY

Racial Breakdown

- White: **72% (13)**
- Black or African American: **28% (5)**

Substances of Choice

- Opiates/Heroin: **63% (5)**
- Alcohol/Crack Cocaine: **25% (2)**
- Marijuana/Meth: **12% (1)**

Pregnant women: **0**

Clients receiving MAT: **1**

Women completing 90 days:
6 out of 8 (75%)
– Graduated: 3
– Terminated: 0
– Compassionate Discharge: 0

Housing Post Discharge

Supportive Permanent Housing: **0**

Family/Friends: **1**

Domestic Violence/Homeless Shelter/ Incarceration: **0**

Independent Living: **2**

Treatment: **2**

Self-Sufficiency Information

Number working (full or part time): **1**

Number in School (College, GED, Trade): **0**

Recovery Substance Abuse/Mental Health

Percentage of Head of Household (HOH) participants have addressed the mental health issues/concerns: **100%**

HOHs were served (this # excludes spouses): **8**

HOH never tested positive for drugs or alcohol: **5**

HOH tested positive for drugs or alcohol: **3 (20%)**

Children Information

Total number of children served: **21**

Children that left with mom: **6**

Children reunified: **2**

Children and Youth Involved Families: **4**

School-aged children in school: **10, (100%)**

Children in Pre-K; Head Start; Other Day Programming: **3**

Children < age 3: **2**

Children participating in after school programs: **5**

Children receiving MH/MR or Behavioral Treatment: **3**

Supportive Housing

41 TOTAL ADULTS SERVED

60 CHILDREN received services provided by MOMS

41	Adults who received supportive services provided by outside sources	**50**	Children who participated in academic programing and attended school regularly
35	Adults who received housing and supportive services provided by MOMS	**60**	Children who received services provided by outside sources
700-1,093	Average length range of stay (in days)	**37**	Parents who maintained legal custody
25-34	Average age range of adults served	**3**	Children who made honor roll

CLIENT **IMPACT**

Ashley's Journey: A Home for the Holidays

When Ashley arrived at Sojourner House with her two young children, she carried more than a few suitcases. She carried the weight of past trauma, the fear of relapse, and the overwhelming pressure to hold her family together.

But she also carried hope.

At Sojourner House, Ashley found a safe place to begin her recovery. She was surrounded by compassionate staff, peer support, and the reassurance that her children were cared for while she focused on healing. She completed the residential treatment program with newfound confidence, sobriety, and tools to rebuild her life.

Her journey didn't stop there.

Through Sojourner House MOMS, Ashley and her children moved into transitional housing, where they received trauma-informed case management, parenting support, and access to life skills programming. Slowly, she began to dream again of stability, joy, and a future where her children could thrive.

Just weeks before the holidays, that dream became reality.

Ashley and her family moved into a permanent home of their own. For the first time in years, they unpacked their things not just into a space, but into a home. They decorated a small tree, hung decorations on the wall, and shared hot cocoa in their new kitchen. There were no grand gifts under the tree — just the gift of peace, safety, and being together for the bright future ahead.

Ashley keeps in touch with her case manager and joins alumni events when she can. She says, **"You don't go to treatment for six months and just get it. You have to keep working at it. Sojourner House provides everything you need for that."**

COMMUNITY ENGAGEMENT & EVENTS

Healing Happens Together

At Sojourner House and Sojourner House MOMS, we know that recovery doesn't happen in isolation — it happens in a community. Our work is grounded in relationships with neighbors, service providers, supporters, volunteers, alumni, and faith-based partners who walk alongside our families every step of the way.

This year, we continued to deepen those connections.

Faith-Based Partnerships That Lift Us Up

Sojourner House was founded on faith, and our interfaith partners continue to play a vital role in our mission. Local congregations provided holiday gifts, held donation drives, offered spiritual support, and participated in our **Interfaith Day of Prayer** on an early spring day in March. These partnerships remind us that compassion knows no bounds.

Victorian Tea 2025

Hope and Celebration

In April 2025, nearly 400 supporters gathered at a new venue — Wyndham Grand Hotel in downtown Pittsburgh — for our **21st Annual Victorian Tea**. Surrounded by lovely city views and hundreds of supporters, the afternoon served as a beautiful reminder of what we can accomplish when we come together for a shared purpose.

Together, we raised $116,000 to support our programs and help ensure mothers and children continue to find healing and stability at Sojourner House and Sojourner House MOMS. From the lively silent auction to the moving stories shared over tea, the event was filled with warmth, gratitude, and purpose.

One of the most memorable moments of the afternoon was the presentation of the 2025 *Pearl of Hope Award* to Nishauna Leigh Ball. Nishauna's story, which began decades ago as a child living at Sojourner House with her mother, remains a powerful testament to what's possible when families are given the opportunity to heal and grow. Her speech brought the room to its feet, and reminded us all of how transformative, generational change is possible for families at Sojourner House and Sojourner House MOMS.

Thank you to all our sponsors, donors, volunteers, and guests. You made this event a success, because your support helped make more stories like Nishauna's possible.

Yoga in the Streets

Wellness and Recovery in the Heart of the Community

In September, we hosted our third annual **Yoga in the Streets** event. The day brought together more than a dozen community organizations, local families, wellness practitioners, and harm reduction advocates. Attendees participated in free yoga sessions, learned about local resources, and connected with support networks. Events like this help us break down stigma and bring the message of healing directly to those who need it.

Volunteers Who Show Up with Heart

From childcare volunteers who support Bible Study evenings to professionals who lead budgeting and parenting workshops, our volunteers make a lasting impact. Their presence reminds our families that they are not alone — and that the community is invested in their healing.

1,463 Hours
DONATED BY VOLUNTEERS
DURING THIS FISCAL YEAR.

Their gift of time is worth a monetary value of approximately $50,898.

This is based on the Independent Sector, with the Do Good Institute, reporting that the value of a volunteer hour is $34.79 per hour.

Connecting with the Community, One Door at a Time

Through our peer-driven opioid outreach initiatives, we distributed harm reduction supplies, educated residents on overdose prevention, and built trust in communities disproportionately impacted by the overdose crisis. These efforts were rooted in cultural responsiveness, lived experience, and a shared commitment to saving lives.

Together, these moments of connection are powerful reminders that community matters. Whether it's offering a meal, attending a neighborhood event, or simply listening without judgment, every interaction helps pave the way for healing.

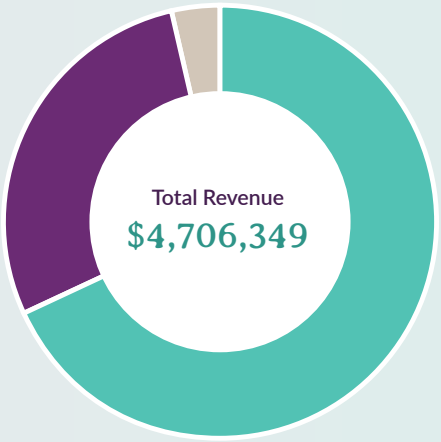
Financial Overview

Sojourner House Inc and Sojourner House MOMS

Fiscal Year 2024–2025 | July 1, 2024 – June 30, 2025

Revenue

Program	$3,215,323
Contributions	$1,330,718
Investment & Other	$160,308



Expenses

Program	$3,383,106
General & Administrative	$637,754
Fundraising	$231,406

Unaudited financials. Audited financials provided upon request.

DONOR ROLL & GRATITUDE

With Deepest Thanks

The mission of Sojourner House and Sojourner House MOMS is only possible because of the generosity of our community. Your support, whether through a financial contribution, an in-kind donation, or a gift of time, helps mothers and their children find safety, healing, and hope.

We are honored to recognize the following individuals, congregations, foundations, corporations, and community partners who supported our work between July 1, 2024, and June 30, 2025. Every gift makes a difference. **Every act of kindness moves a family forward.**

A Note of Gratitude

We've made every effort to ensure the accuracy of this list. If we have inadvertently omitted or misspelled your name, please accept our sincerest apologies and contact Laura McCurdy, Director of Advancement, at lmccurdy@sjhpa.org so we can correct the record. Thank you for believing in second chances, for investing in recovery, and for standing with the families we serve.

PEARL
($25,000 and above)

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We are also deeply grateful to those who provided essential items such as hygiene products, children's clothing, baby gear, holiday gifts, and household supplies. These generous contributions bring comfort and dignity to our families during their time of transition.

5 Generations Bakers
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FY24–25 **PRIORITIES**

Looking Ahead

Building Stability, Expanding Hope

As we look toward FY25–26 and beyond, one thing is clear: the need for our services is growing. Families in recovery continue to face compounding challenges, including rising housing costs, a behavioral health crisis, and systemic barriers to care. But with your support, Sojourner House and Sojourner House MOMS are ready to meet this moment with innovation, compassion, and resolve.

Strengthening Aftercare and Behavioral Health Services

Through our newly launched Aftercare Program, families can now receive ongoing case management and peer support following their graduation from our housing and treatment programs. We plan to build on this progress by expanding access to behavioral health services, helping mothers and children stay on a path of healing and wellness.

Deepening **Community** Engagement and Equity

We remain focused on meeting the needs of underserved communities, particularly BIPOC families disproportionately affected by substance use and overdose. Our peer-driven outreach efforts will continue to provide culturally responsive harm reduction, connection to care, and community education. We are also working to strengthen our infrastructure to reflect better the lived experiences, needs, and languages of the families we serve.

Sustaining Our **Impact**

Now more than ever, sustainable funding is critical. We are actively working to diversify our revenue through a mix of public and private support. Our goal is to ensure that every mother who reaches out for help finds not just a program, but a path forward.

With compassion as our guide and community as our foundation, we remain committed to not only walking alongside families as they heal, grow, and thrive, but to breaking the long-term cycles of trauma and addiction, to create a future where generational healing is possible.

A Message from Our Board Presidents

Dear Friends,

It has been a profound honor to serve as Board Presidents during a year that demonstrated the strength and resilience of the Sojourner House and Sojourner House MOMS community.

In FY24–25, we witnessed families overcome extraordinary challenges, and we saw how healing is made possible through the proper support, at the right time. Sojourner House and Sojourner House MOMS continued to evolve to meet the needs of mothers and children, working to build new beginnings.

This work is not easy — but it is deeply necessary. And it is fueled by the compassion of supporters like you.

As board leaders, we are inspired daily by the courage of the families we serve, the dedication of our staff, and the generosity of our volunteers, donors, and community partners. We thank you for standing with us as we continue building a future where every family has the chance to heal, grow, and thrive.

With heartfelt gratitude,

Lauren Marzullo
President, Sojourner House
Board of Directors

Dr. Staci Ford
President, Sojourner House
MOMS Board of Directors

SOJOURNER HOUSE

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SOJOURNER HOUSE MOMS

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