### Here's how you can help...

**BEFRIEND US:** Join our mailing list, attend an event, or learn more about our programs online.

**VOLUNTEER:** Contact the Volunteer Coordinator 412-441-7783 Ext. 215, to help with activities, tutoring and other opportunities.

**IN-KIND GIFTS:** Help to significantly reduce purchasing costs and make it possible to provide cost-effective services. Go to www.sojournerhousepa.org for our wish list.

**PLANNED GIVING:** Sojourner House accepts planned gifts to support its mission. Through your will, estate, IRA or life insurance policy, you can name Sojourner House as a beneficiary of your support. We recommend you consult your accountant or attorney for more information on this giving option.

**INDIVIDUAL DONORS:** No amount is too small to make a difference in the life of a Sojourner House mother and her family. Donate online or by mail.

#### **CORPORATE GIFTS & MATCHING FUNDS:**

Sponsors are vital to Sojourner House as we rely on support from businesses throughout the community.



At Sojourner House, we believe women can shatter the chains of addiction and hopelessness when surrounded by what means most to them...
their children.

For more information please contact
Director of Development
412-441-7783 Ext.104
info@sjhpa.org
SojournerHousePA.org
United Way Contributor Choice #4286

### **SOJOURNER HOUSE**



# SOJOURNER HOUSE MOMS

Drug & Alcohol Rehabilitation Long-term & Supportive Housing







At Sojourner House, our goal is to help families to successfully continue their recovery journey, focusing on strengthening family relationships,

promoting self-sufficiency, long-term sobriety, and mental health stability. Our philosophy is family-focused, helping families to achieve their goals by providing safe and affordable housing, support services, necessary referrals, and an atmosphere of community encouragement.

### Sojourner House

Sojourner House is a faith-based, residential recovery service for mothers and children. Located in East Liberty, Sojourner House provides in-patient, residential treatment to addicted mothers and their children. Families begin to experience the joys and challenges of living as an independent, drug-free family while securely surrounded by round-the-clock support.

Sojourner House is proud to be the only program in Allegheny County that provides each family with their own apartment for up to six months while the mother receives treatment. Sojourner House believes women can shatter the chains of addiction and hopelessness when surrounded by what means most to them... their children.

### **Sojourner House MOMS**

Since 2004, **Sojourner House MOMS** (Mentoring, Opportunity, Motivation, Spirituality) has has offered permanent housing or long-term housing to parents in recovery and their children, to confidently transition into the community.

The MOMS program, located in East Liberty and Homewood, focuses on strengthening family relationships, promoting self-sufficiency, long-term sobriety, and mental health recovery. Individuals eligible must be referred by the Allegheny County LINK (1-866-730-2368).

## **Sojourner House Supportive Housing Program**

Launched in 2018, **Sojourner House MOMS Supportive Housing Program** based in
East Liberty, offers transitional housing and
comprehensive support services to families in
recovery for up to one year. Participants work to
maintain abstinence, mental health stability, gain
housing and employment.

Families live in apartments and receive homebased, intensive case management services. Our service philosophy is family-focused: helping families to achieve their goals by providing safe and affordable transitional housing, support services, necessary referrals for the family, and an atmosphere of community encouragement.



Sojourner House is named after the great African American women's and civil rights activist, Sojourner Truth.
Founded in 1991 under the umbrella of East End Cooperative Ministry,
Sojourner House applied for its own nonprofit status and became licensed by the Pennsylvania Department of Health as a "women with children" residential rehabilitation facility in 1994.