



## SOJOURNER HOUSE '16

Providing residential treatment to addicted mothers and their children.

### 43 WOMEN RECEIVED

family- centered treatment, including extended family and loved ones.

#### OF THOSE WOMEN

### 40% STAYED LONGER

than 90 days before graduating/completing the program\* \* Substance Abuse and Mental Health Services Administration indicates those who stay in treatment for 90 days+ are more likely to stay clean and sober.

### 59 CHILDREN SERVED

### 15 CHILDREN REUNITED

legally with their mother\*

\*The state pays \$1,000/month to provide foster care for a child.

### EVERY CHILD UNDER 5

received screening and assessment to identify developmental needs and inform individualized intervention plans.



## SOJOURNER MOMS '16

Providing indefinite housing and support services to parents in recovery and their families.

### 50 FAMILIES RECEIVED HOUSING

and supportive services to manage sobriety, increase self-sufficiency, and improve child's academic abilities.

### 7 ADULTS GRADUATED

the Sojourner 2016 program and found independent housing.

### 26 PARENTS ATTENDED SCHOOL

or worked in 2016.

### 317 DAYS WAS THE AVERAGE LENGTH OF STAY

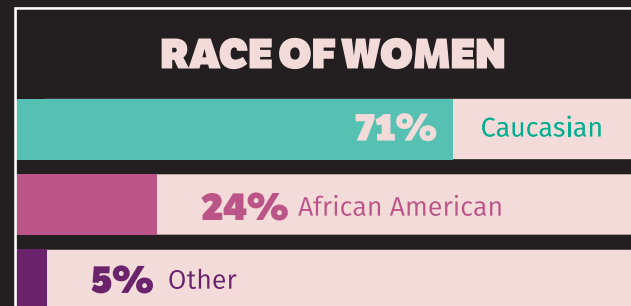
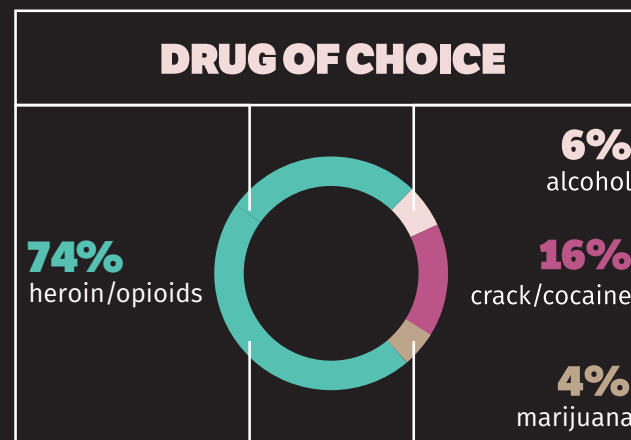
in the 2016 Sojourner program.

### 15 MOTHERS REGAINED LEGAL CUSTODY

of their children.



## KIDS PROGRAMING '16



### 28 CHILDREN PARTICIPATED IN ACADEMIC PROGRAMING

in state of the art Learning Centers designed and installed by the Homeless Children's Education Fund (HCEF).

12 YOUTH ENJOYED MOMS CAMP over summer 2016.

13 CHILDREN MADE HONOR ROLL.

## SOJOURNER FINANCIALS

### REVENUE

40% GOVERNMENT GRANTS  
\$1,186,427

16% OTHER GRANTS/ PUBLIC SUPPORT  
\$473,653

42% PROGRAM INCOME  
\$1,246,503

2% INVESTMENT INCOME/ SPECIAL EVENTS/OTHER  
\$80,614

### EXPENSES

76% PROGRAMS  
\$2,063,253

21% GENERAL ADMINISTRATIVE  
\$559,041

3% FUNDRAISING  
\$81,696

## TIMELINE '16



Former board president Lynne Chadwick hosted a Silpada fundraiser for Sojourner House.



Clinical Supervisor Dawn Nicholas started working for Sojourner House.



350 guests attended the 12th annual Victorian Tea "friendraiser," where nearly \$60,000 was raised.

Sojourner House honored its many volunteers at its annual recognition event.



Residents who participated in Chatham University's weekly "Words Without Walls" presented their work at Most Wanted Fine Arts Gallery in Garfield.



Residents, staff and volunteers started working on a Community Garden in Homewood.

Shadyside Presbyterian Church hosted its annual strawberry festival to support Sojourner House.



Children at Sojourner House MOMS had the opportunity to enjoy a petting zoo on July 14, in their very own neighborhood! They also were able to attend summer camp in their community, thanks to the support of Homeless Children's Education Fund.

Beverly's Birthdays hosted its 57th party at Sojourner House MOMS.

Family and friends of Sojourner House and MOMS attended the annual Sista to Sista picnic.



Sojourner House raised more than \$2,000 through Pittsburgh Foundation's Day of Giving.



Founders, long-time supporters, volunteers and staff celebrated Sojourner House's 25th anniversary at the LeMont. Peggy Reding - one of the founders of Sojourner House - received the Mary Pardee Award for her endless support throughout the organization's existence.

Sojourner House was highlighted in Pittsburgh Magazine for its 25 years of supporting families throughout the region.



Premier Jewelry fundraiser that took place on Nov. 27 raised nearly \$300, as well as hundreds of dollars in jewelry to be auctioned off at the 2017 Victorian Tea friendraiser.

Wholey's Fish Market donated turkey dinners to Sojourner House families for Thanksgiving.

The annual Holiday Appeal raised approximately \$9,000; Sojourner House raised almost \$29,000, thanks to meeting a \$20,000 FISA Foundation Challenge. Many thanks to the FISA Foundation for its ongoing support!





PURPOSE TO LIVE

The truth is I'm starting to like myself again.  
I'm feeling more aware, more alive,  
and actually enjoying my day.

The truth is I no longer feel like hiding anymore.  
I don't feel dread, disappointment,  
and that I'm in trouble for something.

The truth is I'm a new person.  
I'm a mother with a purpose to live.  
No longer in sadness.  
I'm ready to live!

The truth is I can make my own decisions today  
and not worry if I've made the right one.

The truth is I live in the moment  
and enjoy it just as it is.

\*Our supporters play a vital role in fighting for our residents' recovery. A mother of Sojourner House expressed thanks in the above poem she wrote for Chatham University's Words Without Walls workshop. Your involvement truly changes lives.

WHO ARE THE WOMEN WE SERVE?

Sojourner House is a licensed Drug & Alcohol Rehabilitation Residence where admission is based on determination of need. To be eligible for admission, women must be at least 18 years old and have at least one child age 12 years or younger, or be actively seeking custody of a child, or be pregnant. Priority Population is as follows:

PREGNANT IV DRUG USERS | PREGNANT SUBSTANCE USERS | INJECTION DRUG USERS  
OVERDOSE SURVIVORS | VETERANS

Sojourner House responds to admissions inquiries from women and their loved ones, other drug and alcohol programs, case workers, social agencies, physicians, prison and probation officers, counselors, and Children, Youth and Family courts. We will consider patients who are dually diagnosed with both addiction and mental illness. Our house has 14 apartments, with a waiting list during periods when the house is full. Priority of admission is determined by order on waiting lists and urgency as defined by the priorities above. The program is designed for a six-month stay. Inquiry for admissions should go to 412-441-7783.

Sojourner House MOMS (Motivation, Opportunity, Mentoring, Spirituality) provides Recovery-Support housing to addicted parents and their children who are experiencing homelessness. While learning and practicing the tools of recovery in a neighborhood based program, participants receive full family-centered supports. All referrals to the program must go through the Allegheny County LINK at 412-350-3837.



Dear Friends of Sojourner House,

Each month, I have the opportunity to sit with the mothers in our treatment program over a cup of tea. During this time, they share their stories as well as give me feedback on how the services they are receiving are helping them explore their recovery. At least half of the women present have survived an opiate overdose.

The U.S. Department of Health and Human Services recently released a study on women's health and opiate use. Research indicates that between 2002 and 2013, heroin use in women increased 100 percent as compared to 50 percent in men. Further, approximately 70 percent of women entering substance use treatment services have children.

In many states, pregnant women or women with children can be reported to child protective services for using illicit drugs, leading to loss of child custody. Involvement with the child welfare system plays a critical role in a woman's decision to seek care, because admitting to a substance use disorder may lead to involvement with the criminal justice system and potential loss of custody. The 2011 National Drug Control Strategy has acknowledged the importance of women not having to choose between seeking treatment and caring for their children.

Family-centered treatment helps not only the woman dealing with adverse outcomes of drug use, but with her family and their needs.



Now in its 26th year, **Sojourner House** is offering family-centered treatment to mothers and their children. Alongside the Sojourner House treatment program is **Sojourner House MOMS**, offering 42 units of recovery housing to parents and their children. Seventy-six percent of the residents are maintaining their recovery! This miracle helps their children to beat the odds of becoming addicts themselves.

Life is a gift and to see the light of recovery instead of death is indeed a miracle to celebrate. When I sit with the women in treatment or the parents in the MOMS program, I have deep gratitude for the invaluable support given to the Sojourner Programs through the Pittsburgh Community.

Thank you  
Sincerely,  
Joann Cyganovich, *Executive Director*

SOJOURNER HOUSE

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INFO

UNITED WAY  
Contributor ChoiceCode: 4286  
**COMBINED FEDERAL CAMPAIGN [CFC]**  
Sojourner House: 65973  
Sojourner House MOMS: 44148  
**PHONE** 412.441.7783



SOJOURNER HOUSE MOMS

THE SOJOURNER HOUSE

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