



SOJOURNER HOUSE

59 WOMEN

Received treatment and social services during 2015

12 CHILDREN

Were legally reunited with their mothers*

*In Allegheny County, it costs approximately \$1,000 per month to provide food and shelter for each child in the child welfare system.

135 CHILDREN AND MOTHERS

Received family-centered services

76 CHILDREN

Children received services, including screenings and assessment to identify learning problems and inform individualized intervention plans



17 MOTHERS

Legally regained custody of their children

13 FAMILIES

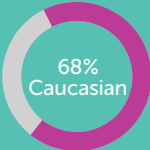
Had Children, Youth, and Families (CYF) involvement

11 ADULTS

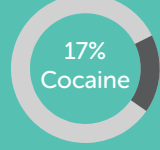
Graduated the program and found independent housing



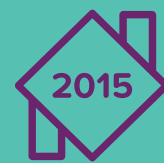
RACE OF WOMEN



DRUG OF CHOICE



*Opioids include heroin and prescription painkillers



SOJOURNER HOUSE MOMS

527 DAYS

The average length of stay in the Sojourner program

149 PARENTS + CHILDREN

Received housing and supportive services to manage sobriety, increase self-sufficiency, and improve child's academic performance

28 MOTHERS

Were either working or attending school



FINANCIALS

EXPENSES

PROGRAMS
\$2,252,020

FUNDRAISING
\$72,393

GENERAL ADMINISTRATIVE
\$532, 506

REVENUE

GOVERNMENT GRANTS
\$1,266,556

OTHER GRANTS/
PUBLIC SUPPORT
\$441,504

INVESTMENT INCOME
SPECIAL EVENTS
OTHERS
\$57,587

PROGRAM INCOME
\$1,218,275



CHILDREN'S PROGRAMS

46 CHILDREN

Received mental health or behavioral health services

24 CHILDREN

Participated in academic programming in state of the art Learning Centers designed and installed by the Homeless Children's Education Fund (HCEF)

17 CHILDREN

Made the honor roll



TIMELINE

First families move into Sankofa



Sojourner House serves as partner for Women and Girls Foundation's first annual Crossroads Conference, attended by over 500 women



11th Annual Victorian Tea raises more than \$51,000 to support Sojourner programs



Summer Camp begins for 28 children ages 5 to 13, sponsored by HCEF

Sojourner House MOMS is awarded \$5,000 grant by PNC Bank for expanded community garden at Sankofa



Summer Camp concludes with art exhibit + ice cream social

After-school program begins for 24 children ages 5-13



123 adults and children receive Christmas gifts thanks to our generous donors and volunteers

Sojourner House MOMS raises more than \$23,000 in five hours during Pittsburgh Foundation critical alert on homelessness

JAN



SOJOURNER HOUSE

FEB

Sojourner House featured in Pittsburgh Post-Gazette's #LetsMakeA SEEN column

MAR



APR



MAY

Ribbon-Cutting and Open House held at Sankofa

JUN

Inaugural Sankofa community garden beds are built and planted

JUL

Aim Higher program begins, addressing barriers to mothers' pursuit of higher education, thanks to generous grant by Pitcairn Crabbe Foundation

AUG

First Sankofa community garden harvest

SEP



NOV

Mothers of Sojourner House conclude Chatham University writing workshop, "Words Without Walls" with live reading of their work at Most Wanted Fine Arts Gallery

DEC

Gloria Brown concludes 20 years of service as Director of Finance + Operations

Sojourner House debuts new website



THANK YOU

I say thank you for letting me feel the pain.
I say thank you for saving me.
I say thank you for giving me today.
I say thank you for believing in me.
I say thank you for having faith in me.
I say thank you for having me in a place that I can live
And where people believe in me.

I say thank you for the ladies that are with me,
thank you for the love you've given me.
I say thank you, Lord, for letting me see.
I say thank you, Lord, for letting me put this on paper.
Thank you, Lord, for being in me forever.
I say thank you, for giving me a new start.

Our supporters play a vital role in fighting for our residents' recovery. A mother of Sojourner House expressed thanks in the above poem she wrote for Chatham University's Words Without Walls workshop. Your involvement truly changes lives.

WHO ARE THE WOMEN WE SERVE?

Sojourner House is a Pennsylvania state licensed drug and alcohol rehabilitation residence where admission is based on determination of need. To be eligible for admission, women must be at least 18 years old and have at least one child age 12 years or younger, or be actively seeking custody of a child, or be pregnant. Admission Priority is as follows:

Pregnant Injection Drug Users | Pregnant Substance Users | Injection Drug Users | Overdose Survivors | Veterans

Sojourner House responds to admissions inquiries from women and their loved ones, other drug and alcohol programs, case workers, social agencies, physicians, prison and probation officers, counselors, and Children, Youth and Family courts. We will consider patients who are dually diagnosed with both addiction and mental illness, and we offer services to methadone-treated pregnant women.

Our house has 14 apartments, with a waiting list during periods when the house is full. Priority of admission is determined by order on waiting lists and urgency as defined by the priorities above. The program is designed for a six-month stay.

Sojourner House MOMS (Motivation Opportunities Mentoring Spirituality) provides safe, independent housing and supportive services for homeless, dual-diagnosed parents in recovery and their dependent children.

To be eligible for Sojourner House MOMS, parents must be 18 years old and provide proof of child custody or a current reunification plan if children are housed with someone else. Applicants must be homeless and able to provide documentation of 90 days treatment attendance or successful completion of a treatment program. MOMS serves individuals who are dually diagnosed with drug or alcohol addiction and a mental health disorder, and are at least 90 days clean.

Applicants must be willing to meet program expectations and work toward: drug and/or alcohol recovery, mental health recovery, employment and training, and self-sufficiency.

Sojourner House and Sojourner House MOMS are faith-based programs that accept people of all faiths. We believe that growing in spirituality is a cornerstone to recovery.

Dear Friends of Sojourner House,

After increasing organizational capacity through the adoption and development of two new housing programs in Homewood, 2015 was a period of adjustment. So many factors have influenced the "way we do business," including the impasse of the Pennsylvania state budget, the growing opioid epidemic, and aligning staff, board and programs to meet the new size of the organizations. Despite these challenges, the women and children served experienced no interruption in the quality and quantity of services they received.

Recent news reports have indicated that opioid use and overdose deaths have become epidemic, not only in our region, but across the nation. Allegheny County is one of the top counties in the U.S. for opioid overdose. In 2015, 304 residents died from overdoses. When I share these statistics with the women in our treatment program, they feel blessed to be where they are and to have their children with them. They sometimes tell me, "I could have been a statistic." I applaud their courageous decision to get clean and sober and learn the tools necessary to manage their recovery. There is no greater joy than seeing a recovering family thrive. Your role in our families' transformation is invaluable! Each day of the year, residents of the programs are blessed with the outpouring of compassion and kindness bestowed upon them by the community.



Thank you.
Sincerely, Joann Cyganovich, Executive Director

Help empower families to break the cycle and end the drug epidemic

1 in 8 Americans are living with drug and alcohol addictions

Drug-overdose deaths reached a record high last year of over 47,000, up 14% from the previous year

Opioid- and heroin-related deaths accounted for 61% – or 28,647 – of this total

Children of addicts are 4X more likely to become addicts than those of non-addicts

Mothers often fail to seek treatment fearing they will lose their children



To donate, visit SojournerHousePA.org/donate, or contact Laura Stephany, Director of Development at 412.441.7783, extension 24, or lstephany@sjhpa.org.
To volunteer, contact Liz Wasel, Volunteer Coordinator, at 412.441.7783, extension 22, or ewasel@sjhpa.org



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INFO

UNITED WAY
Contributor Choice
Code: 4286

COMBINED FEDERAL CAMPAIGN (CFC)
Sojourner House: 65973
Sojourner House MOMS: 44148

PHONE
412.441.7783

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COURTESY OF
Martha Rial
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SOJOURNER
HOUSE
**Annual
Report**

LOOKING AHEAD...

2016 marks the 25th anniversary of Sojourner House. For information on upcoming events celebrating this milestone, visit our website SojournerHousePA.org

